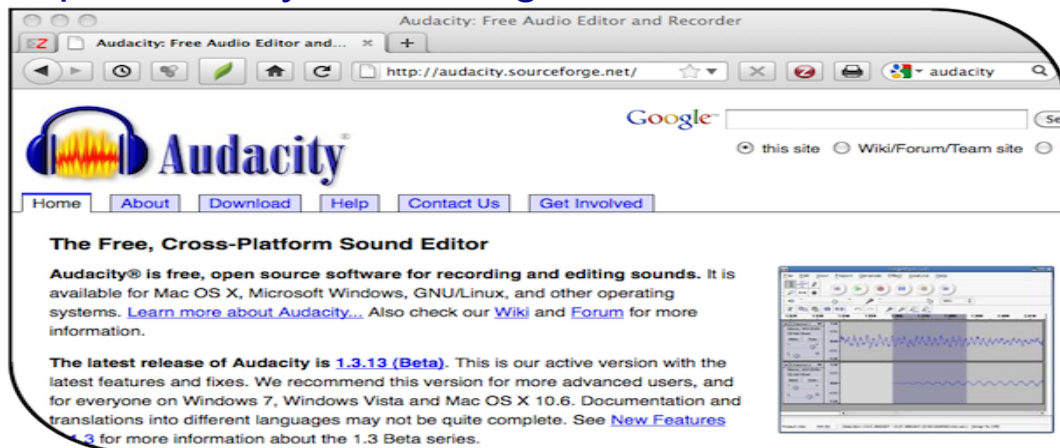




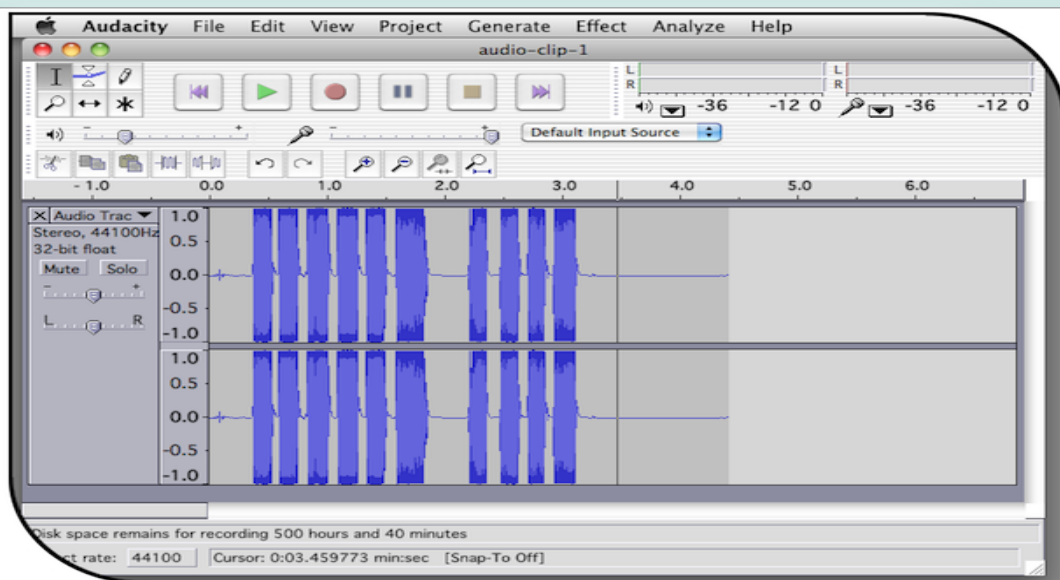
# MCAST ► MAC AUDIO + AUDACITY

## 1 Install Audacity and LAME MP3 encoder

<http://audacity.sourceforge.net>



## 2 Record



## 3 Export to AIFF and MP3

