

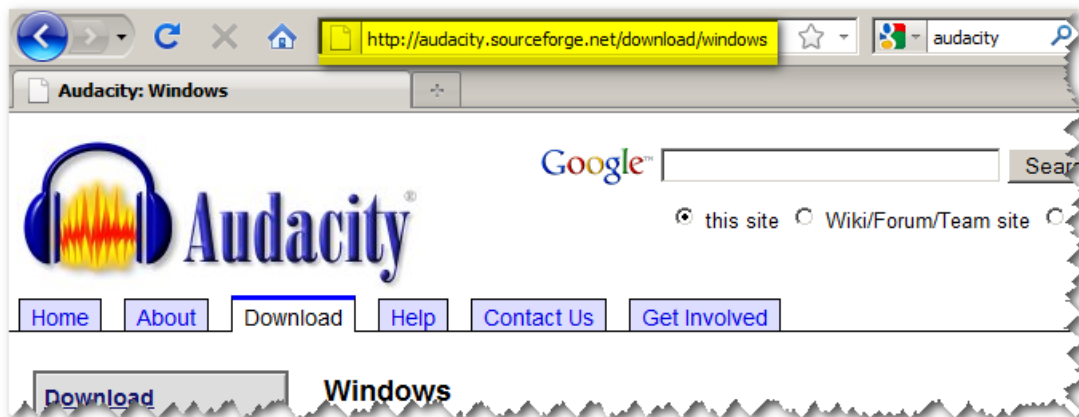


# MCAST ► PC AUDIO via AUDACITY

1

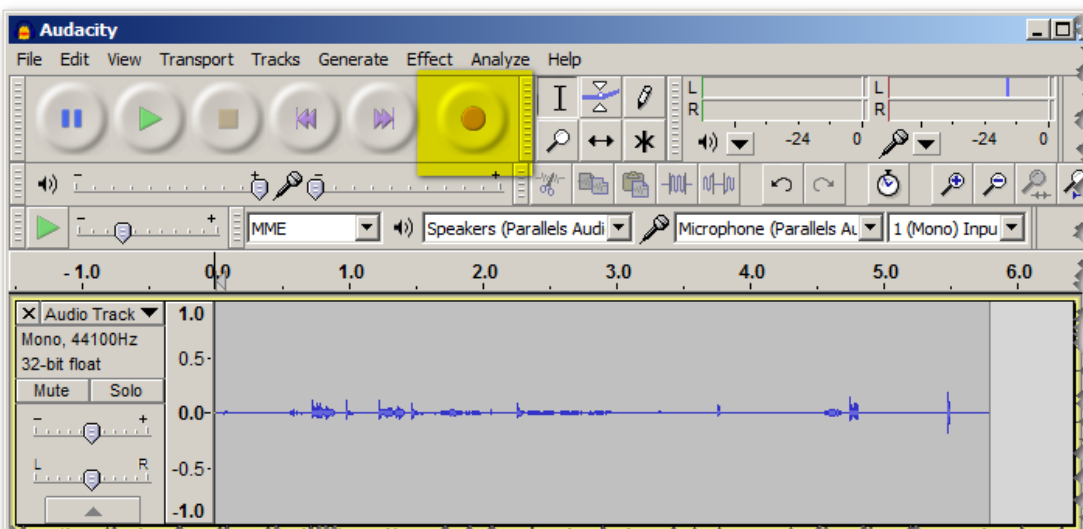
Install Audacity and LAME MP3 encoder

<http://audacity.sourceforge.net/download/windows>



2

Record



3

Export to WAV and MP3

